

Heart-Centered Holidays

Saturday, December 13

9:00 am - 6:30 pm

Presented By:

Davi Nikent & MasterMinds 4 Wellness

Wellness Partners in the Calaway Room

[Annalisa Mather](#) and [Richard Moss](#)

We will have 5 of Richard's books: ***The I That Is We*** - \$10; ***Words That Shine Both Ways*** – FREE gift; ***The Black Butterfly*** - \$10; ***The Mandala of Being*** - \$12; ***Inside-Out Healing*** - \$12. Also a selection of CD's @ \$8 and \$15. Annalisa will be offering whole food plant based treats.

Websites: www.richardmoss.com and www.joyofyum.com



[Ardis Hoffman](#)

I will have gift certificates and packages for spiritual growth mentoring and life coaching sessions, Ascended Masters card readings available.

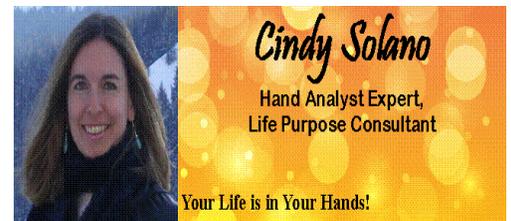
My website is www.choosepeaceandlove.guru



[Cindy Solano](#)

I will have gift certificates for hand analysis/healing sessions, Palmistry Inspiration Cards, extended guidebooks for Palmistry Inspiration Cards, Transformation tool kits (7 options with guidebooks and meditation CD's), Soul Nourishment sprays, assorted crystals, crystal trees, Reconnection books.

My website is www.WorldofHands.com



[Claire O'Leary](#)

I will be offering Free 10-minute Reiki sessions (or should I sell for \$1/min) so I will bring a massage chair.

I will offer 10% off of doTerra Essential Oils, my new Guided meditation CD "Still Waters Run Deep", Meditations to reach your Highest Potential, and my upcoming workshops "4-week Profound Journaling Series" and "8-week Chakra Clearing series" and Reiki gift certificates.

My website is www.ClearHeartHealingArts.com



[Connie Clancy Fisher](#)

I will have books and a recorded a wellness meditation CD.

My website is www.drconstance.com



[Greg Feinsinger, MD](#)

I will be around in the morning to answer any questions about how to reverse and prevent heart disease by adopting a plant based food lifestyle. I will have information about my remarkable 28 Day Frozen Meal program. Also available will be the **Forks Over Knives** DVD and the following books - **My Beef With Meat**, **Prevent and Reverse Heart Disease** and the **Beat the Heart Attack Gene** for sale. My website is www.valleyheartattackprevention.com



[Gwen Garcelon](#)

I will have information about my Quantum Leadership Training in January as well coaching packages available. My website is www.highlifeunlimited.com



[Kersten Wilson](#)

I will have gift certificates available for Yoga Therapy Sessions and raw dessert treats. I will be offering Phoenix Rising Yoga Therapy sessions. My website is www.awakentoconscioushealing.com



Sakshi Keeton

I am a somatic therapist certified in Phoenix Rising Yoga Therapy, Esalen Massage, Komyo Reiki energy work and Cranial Sacral Therapy. I have offices in Vermont and Carbondale, Colorado. I am offering Phoenix Rising Yoga Therapy sessions in the morning by appointment. Sign up at our table. www.svardharmasomatictherapies.com



Megan King, LAc, MaOm

I am a Licensed Acupuncturist and Chinese Herbalist, offering a Holiday Special - a 30 minute Community style Acupuncture treatment for \$20. This is a screaming deal in honor of my love for this valley and for the health of the community as a whole. Receive an acupuncture treatment, reduce your stress, and lift your spirits for the holidays. There will be a sign up sheet at the event. I have been practicing in Carbondale above the Village Smithy for 4 years, and I would love to meet you, answer questions, or see you again! There will be a sign up sheet at the event for treatments from 9am-2pm. Please check out my website at www.gaiatreeacu.com.



[Margaret Gilfoyle](#)

I will have gift certificates and packages and my Breath of Light – Chakra Breathing for Accelerated Healing Three CD sets. Short sessions available.
www.OneHeartWorld.wordpress.com



[Megan Passmore](#)

I will have information about Healing Touch and exercises you can practice on yourself to be more relaxed and centered during the holiday season. I will be offering mini Healing Touch sessions, so you can experience Healing Touch for yourself. (Each session will be 10-15 minutes.) Gift Certificates and discounts for future sessions will also be available.
www.HeartToSoulHealingTouch.com



[Morgan Reeser](#)

Acne Beautiful Complexion Coaching
"Healthy Skin from Within"
Deliciously Exquisite Personal Chef & Owner of Morgan's Nutz 4 Brainz, LLC
A Raw Vegan Walnut Butter
Offering fresh pressed juices from Tonic Juicery
My website is www.morganreeser.com



[Roger House](#)

I will be offering my "How to Live in Happiness All the Time" program, as well as 15 minute "release a fear" sessions.
My website is www.EmpoweredCreations.com



[Sandro Torres](#)

I will be promoting my Fat Loss Contest: 24 Day Weight Program, and be available to answer questions and measure your body composition to help you set up your New Year Resolution Fitness Goals.
My website is www.custombodyfitnessllc.com



MasterMinds 4 Wellness - leading the movement to Uplift Wellness Now! with programs that support lifestyle shifts to healthy eating, regular exercise,



cleanse/detox, emotional well-being and nurturing positive relationships with self, family & friends. We are building community of wellness seekers through the MasterMinds process. It is time to own our health - body, mind and spirit and switch to a lifestyle that is focused on being healthy and happy. We have the power within us to prevent dis-ease.

www.masterminds4wellness.com

Davi Nikent, Center for Human Flourishing - a non-profit 501(c)(3) serving the Roaring Fork Valley since 2003. Davi Nikent's mission is to promote health and well-being for individuals, families and community by offering experiential workshops, seminars, retreats and topical films by pioneers in integral health and human flourishing. www.daviniknet.org

